



NARRATIVE REPORT

March 23-27,2020

Rationale:

COVID 19 has risk thousands of lives throughout the world. In the Philippines, it has almost infected 1,000 patients and drastically increasing. It was a state of public health crisis that strictly implement nationwide lockdown or Community quarantine. All public and private clinics already closed. Hospitals prioritized PUI/PUM patients due to COVID 19 situation. It was a chaotic scenario wherein people don't know where to access healthcare and consult with their medical providers. Elderly patients don't know where to get prescriptions for their daily maintenance medications. Some of the patients are anxious and deliberately need mental health support.

The Pandemic scenario of COVID 19 due to public health crisis rises the initiative of the **NATIONAL FREE ONLINE CONSULTATION** in cooperation with Association of Medical Doctors in Asia, Global Health Pharmacy Network and Brokenshire College-Pharmacy Program. This aims to give free online consultations to the Filipino people in terms of Medical Consultation, Medication Counseling and Review and Psychological First Aid. It was a quick response to the call of the signs of the times to merge and be as ONE for the FILIPINO people to answer the CALL of “**NO ONE LEFT BEHIND**” initiative. Bringing forth the agenda of HEALTH to those people who cannot access free health consultation with their medical providers. The team started with 9 volunteers and expanded to 33 volunteers as of the moment increasing with specialist in the field of OB-GYN, Neurology, Surgery, Dermatology, Internal Medicine, Paediatrics, Occupational Medicine, Urology and more. Below are the details of the number of volunteers in different field of specialization.

VOLUNTEERS	No of Volunteers	Role
Doctors	20	Medical doctors on different specialization on Occupational Med, Adult Med, Fam Med, IM, Derma, OB Gyne, Pedia, Surgery, Urology, GP, Neurology, ER, Optha etc
Pharmacists	8	Triage, Patient Collection, Research, Medication Counseling and Review



Nurses	2	Patient Data and Management, Psychological First Aid
Social Workers	2	Psychological First Aid
Volunteers (Medical Interns, students etc)	2	Data Gathering, Social Media
TOTAL	34	

How do we go about?

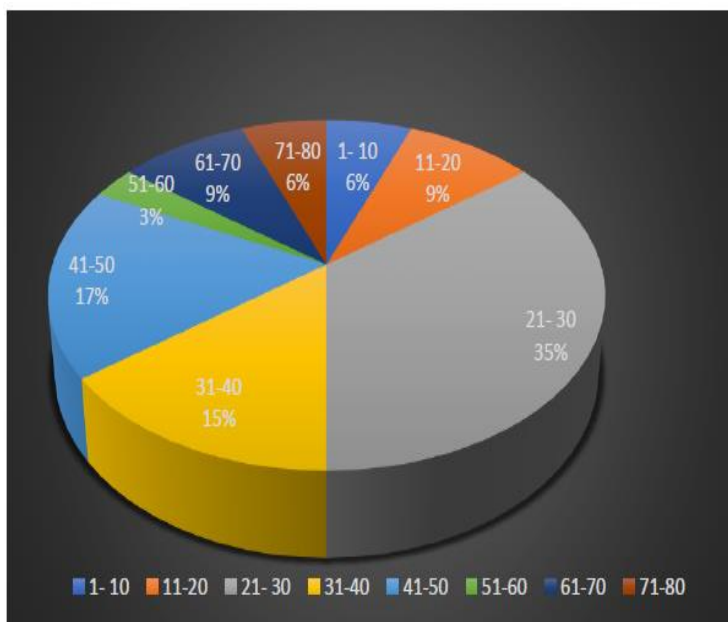
We started last March 23, 2020 to get patient data from our potential clients in preparation of our March 24, 2020 consultation with medical doctors. We have advertised our poster to different social media such as twitter, facebook, Instagram etc. Our colleagues who also located in Davao de Oro initiated campaign in the Barrios (villages) to those who have medical problems for consultations. We managed to get 6 patients for a start (March 24, 2020) with different medical conditions. We used our own mobile phones, facebook messengers and google form to extract patient information including their demographics (name, age, weight, address, email address, contact number) and medical information (Chief complain, history of illness, medication given, social history) that will be important in the medical diagnosis. We informed our clients/patients that this data shall be strictly private and confidential and agreed upon both parties that it will be keep confidential and shall protect medical practitioners in lieu with the Medical Act and Data Privacy Act in the Philippines.



Profile of our Patient

AGE

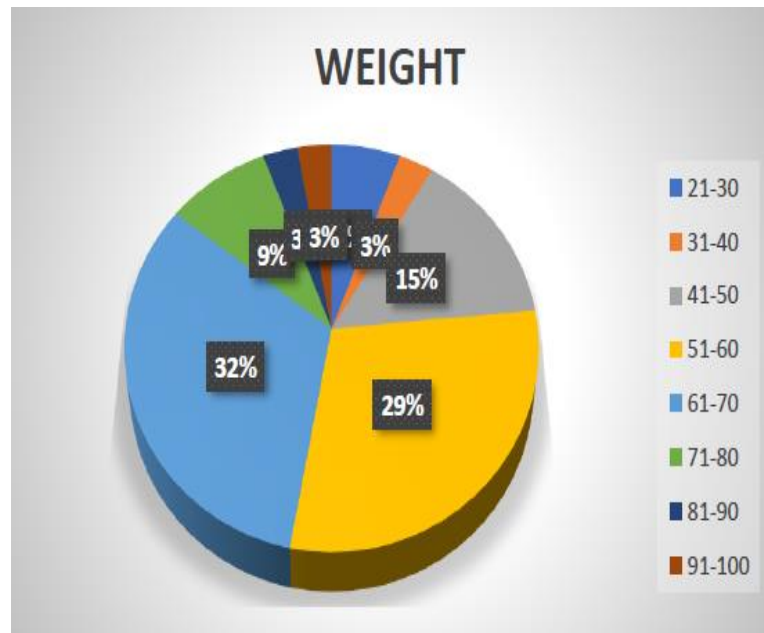
From March 23 to March 27, 2020, We have varied ages as reflected in our graph. Mostly, patients were within 21-30 years of age (35%), followed by 41-50-years old (17%). Some of patient were within 61-70 (9%). This were mostly reflected in the population group in the Philippines which were vulnerable to hypertension, diabetes and other lifestyle diseases. Some of the patient were below 10 years old (6%) which were vulnerable to respiratory infections, rashes etc.





WEIGHT

Mostly of the weight of the patient ranges from 61-70 kilograms (32%) which were normally reflective to the majority of the patients age of 21-30 years of age. This were followed by 61-70 (29%), 41-50 kilogram (15%), 71-80 kilogram (9%) which were normal weight for an adult age. None so far were beyond its normal kilogram due to overweight that may result to obesity or lifestyle diseases.



LOCATIONS

From March 24 to 27,2020, most of the callers and patients who register via our google form were located in different parts of the region. Locations were the following: Luzon: Manila, Lipa City, Batangas, Valenzuela City, Mandaluyong, Cavite, Bulacan, Pasay City, Muntinlupa, Laguna, Makati Area. Visayas and Mindanao: Cebu City, Davao City, Nabunturan, Davao de Oro, Davao del Norte, Mawab and increasing coverage soon. Indeed, these locations were already reflecting nationwide coverage of our FREE ONLINE CONSULTATION with the Filipino people. More detailed view of patients in different location (see Figure 1).

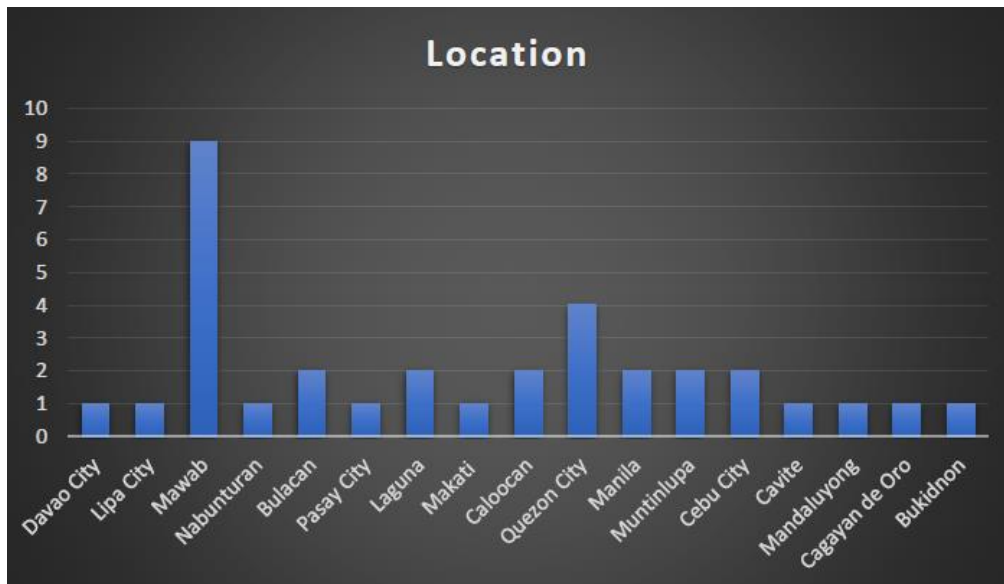
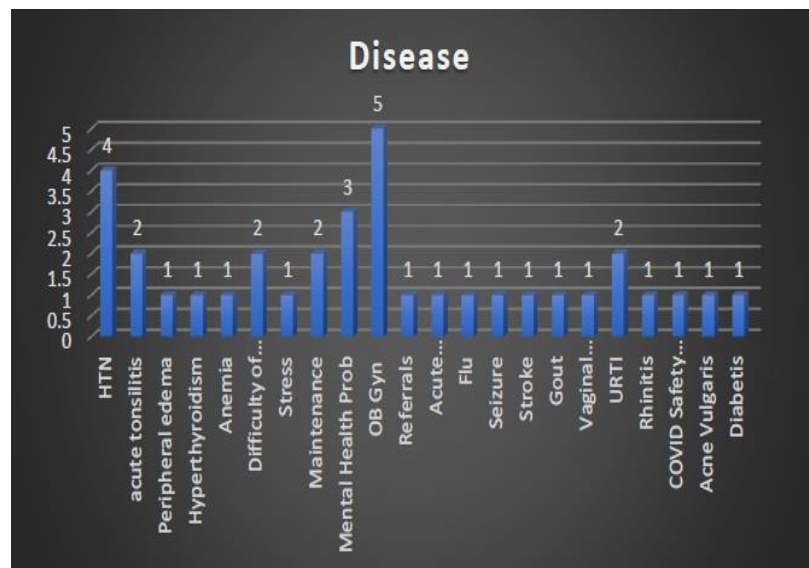


Figure 1 Different locations of Patients from the Philippines

HEALTH CONDITIONS

Majority of the patient were experiencing on reproductive health issues as abnormal menstrual cycle, the use of contraceptive pills, PCOS etc. Other patients experiencing hypertensive which they need maintenance medications. Some other conditions relation to mental health also manifested by some patients. Due to COVID 19, some patients experience anxiety attack and they feel that they be going to be infected by COVID due to their mild cough, or due to long quarantine period they have experience. Some may have difficult of breathing due to anxiety. Some paediatric patients also experience upper respiratory tract infections, allergy etc. Some special cases also experience by patient on stroke, dermatological problems, tonsillitis, rhinitis, and eye problems. Some patient also asked the triage on some COVID related safety precautions to do.



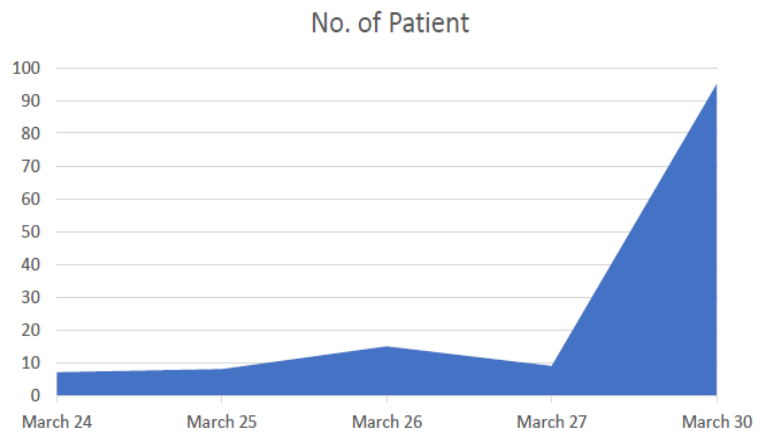


OUR SERVICES & MOVING FORWARD

As of March 23 to 27,2020, the team have catered 39 patients with different health conditions. It is projected to increase on its second week to awareness of the people and the satisfaction of the services they have received from the healthcare professionals. With the increasing demand, the team is ready to received more phone calls,

messages via fb messenger nationwide. With the support of AMDA Japan and its partners, we be able to continue to project in expanding services to the Filipino People until the COVID 19 subside and patients can be able to go back to their normal life.

With our 20 over medical doctors from different specialization, AMDA Philippines with its active partners will be able to cater more patients based on volunteerism basis. The doctors will still continue on its professional task to do medical counselling as part of its services.



Our Registered Social Workers will continue to do Psychological first aid to enable to help those in need especially Psychological first aid. As of the Moment there are almost 4 patients been documented who avail satisfactorily to our services.

Our 8 Active pharmacist will still be doing medication counselling and review of the prescribed medications to monitor its adverse effects and experiences during the FREE ONLINE COUNSELING. The Pharmacist will also serve as a triage of all data collected from patients and become a bridge to the medical doctors of their experiences to our services.



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